

Event Name	Event Description
<p>Paraffin Wax: Therapeutic Application (4CE)</p>	<p>This course will explore the therapeutic application of paraffin wax in the practice of massage therapy. Students will learn the safe and hygienic application of paraffin wax as well as indications and contraindications for use. Students will engage in a hands-on portion of the course where they will perform application techniques using paraffin dips and paraffin strips. All paraffin materials will be provided.</p>
<p>Cupping for the Modern Practitioner, Level 1 (8CE)</p>	<p>Modern Cupping for Today's Practitioner, level 1 looks at a practical way to increase the effectiveness of your massage therapy treatment, no matter what modality you practice. Cupping is an effective way to breakdown adhesions, address trigger points and cellulite, remove toxins, move lymph fluids, all the while saving the therapist's hands. This is a hands on class where the student will become familiar through demonstration and practice; use of soft and hard cups, multiple ways to treat a client' specific issues, use and care of the cups, bio-magnetic therapy, abdominal cupping and history of cupping. This class approaches cupping from a western prospective, prior knowledge of TCM is not required in order to take this course. You will leave class with two different sets of cups and the knowledge and confidence to use them. Course is open to students, LMT's, Physical Therapists, Chiropractors. Supplies you will need to bring – sheets, 2 face covers, bolster, 2 pillows, large bath and hand towel.</p> <p>Cupping sets will be available for purchahse directly from the instructor. Charge, cash or credit cards are accepted.</p> <p>Baguanfa, set of (4), Medical Silicone Cups \$30 Kangzhu, set of (12) magnetic cups \$30 Facial Set, (4) Glass cups \$56 Set of (3) curved Kangzhu \$20 Set of (10) Ionic Cups for Trigger Points (NEW) \$30</p> <p>Special Savings: 2 sets of (4) Baguanfa cups, 1 set of (12) Kangzhu \$85 2 sets of (4) Baguanfa cups, 1 set of (12) Kangzhu, facial & curved \$150 1 Baguanfa (4), 1 set of (3) curved, 1 set of (12) Kangzhu \$75</p>
<p>Cupping for the Modern Practitioner, Level 2 (8CE)</p>	<p>Supplies you will need to bring – sheets, 2 face covers, bolster, 2 pillows, large bath and hand towel. Prerequisites: You need to take Cupping for the Modern Practiitioner, Level 1 in order to attend this class.</p>
<p>Lower Cross Syndrome (7CE)</p>	<p>This course will explore the benefits of a properly performed postural analysis. Students will learn how to evaluate posture using both visual cues and a plumb line. Students will engage in a hands-on portion of the course where they will evaluate each other's posture and formulate a treatment plan from your findings. A great class for anyone looking to improve their evaluation skills.</p>

<p>Headaches (3CE)</p>	<p>This course will take an in-depth look at the classification of headaches (primary, secondary, other). The student will learn how to properly assess a client via a thorough history and review of current symptomatology. After taking the class, the student will be able to devise a treatment plan that is most effective for treating the exact headache the client is suffering from.</p>
<p>Micro-Trauma Maintenance Therapy: S.E.E.M. Technique (14CE)</p>	<p>The S.E.E.M. approach carefully integrates stretching, exercise, education and massage. The therapist uses special techniques to “feel the body” and then applies various stretching, myofascial and deep tissue releases, which remove adhesion, repair tissue and joint dysfunctions, and provide the client with increased range of motion, healing and decreased pain. An injury or blockage that may have taken months to heal, can many times, be removed in less than an hour. SE.E.M. can be adapted to use on all clients and will be the next new wave of success in medical massage therapy.☑”The main purpose and goal of this class is an injury free career, both in everyday life, and especially sports. Basic injury causes and preventive methods will be discussed during class accompanied by practical demonstrations.</p>

Thai Massage: Level-1 (16CE)

Thai Massage - Level 1

16 CE Hours (NCBTMB, CE Broker FL & GA, NY stae approved)

Objective: Level I is a 90% hands on class consisting of demonstration and guided practice. The the end of the session you will have practiced enough postures to give a 60 minute Thai Massage, basic knowledge of Thai culture, history and sen (meridian) lines. Class will be taught using both Traditional Thai Medical Massage and Western Medical Massage principles. We work closely with each student helping them break the habits of using their hands to create pressure instead of their core for strength, thus extending their hands and careers.

Today, Thai Massage is practiced in clinics and spas all over the world and is the fastest growing modality. The practice of Thai goes back thousands of years, originating in India. Even though Thai has elements of Ayurveda and TCM it is its own medical system, Thai massage being one of the principle components.

How is Thai different:

- Client fully clothed
- No oil or only a slight amount of lubricant used
- Practiced very slowly very slowly, using the breath.
- Thai practitioners use their feet, knees, elbows and forearms, in addition to hands and fingers.
- Typically done on the floor on a mat, but can be done on a table.
- Therapist works in a concentrated meditive stae. It is called by many Thai's "A dance of spirit."

Vicki Kemner-Ramsdell, LMT CTTMMP.I (Certified Traditional Thai Medical Massage Practitioner & Instructor, CMMP

In the late 80's Vicki went to Thailand an studied Thai Massage with Ashokananda for many months. Following her initial instruction she was given the priviliage of studying with a blind Thai Master, who taught her how to touch and deeply feel the imbalances of the client. She has gone on to study with many of the formost Thai teachers. In 2009 the Shivagakomarpaj Liniage was transfered to her as a certified teaher of this sacred art form. Each class she teaches is packed with knowledge and wisdom that comes with over 15,000 recorded client contact hours.

TMJ (4CE)

This course will take an in-depth look at the temporomandibular joints (TMJ). The student will learn the components, major muscles and ligaments associated with the TMJ. The causes, signs & symptoms and prevention of TMJ Dysfunction will be covered. The student will learn a detailed treatment plan for anyone suffering from TMJ.

Hot Stone Massage – (6CE)	<p>The purpose of this course is to familiarize massage therapists with the use of hot stones in their practice. Here is an outline of what this course will cover:</p> <ul style="list-style-type: none"> • History • Types of stones used • Equipment needed • Quantity and quality of stones • Precautions • A specifically detailed Hot Stone Massage routine • Hygiene • Advertising • Financial compensation <p>Each participant will be provided with a booklet. The Instructor will perform a demonstration of the routine detailed in the booklet. Students will pair up and perform the routine on each other under the guidance of the instructor. This routine is designed to teach the basic techniques of using hot stones for deep relaxation. Students will learn a great deal about the special rhythm and timing that is necessary in creating and maintaining continuity and flow throughout the session.</p>
Hot Stone Safety – (2CE)	<p>This course will review the considerations needed to perform hot stone therapy safely. Students will review the importance of maintaining proper stone and heater temperatures. Students will learn and discuss contraindications and cautions for hot stone therapy. Students will also learn and discuss the safe application of stones to the client’s body and the importance of proper sanitizing procedures.</p>
Hot Stone/Deep Tissue Combo (6CE)	<p>This class will introduce the use of hot basalt stones in combination with deep tissue massage to address muscle tension, injury, and stress. The stones will be used as a very effective method of hydrotherapy to warm tissue for more specific work and to sooth muscles after deeper technique has been applied.</p>
Shoulder Complex (7CE)	<p>This class will teach the student about the anatomy and common conditions that affect the shoulder complex. The student will learn about the four joints that comprise the shoulder complex: Glenohumeral Joint, Acromioclavicular Joint, Sternoclavicular Joint and the Scapulo-Thoracic Articulation. The class will cover each of these joints in great detail, including the bones, ligaments and muscles that help each joint function properly. The student will also learn different treatment options for several different conditions that affect the shoulder complex including Impingement Syndrome, Labral Tear, Rotator Cuff Sprain/Strain Injury and poor posture. After taking this class, the student will have a much more detailed understanding of the anatomy and biomechanics of the Shoulder Complex.</p>

Piriformis Syndrome (7CE)	This course will review the anatomy and physiology of the piriformis muscle. Students will learn palpation and assessment of the piriformis muscle as well as how to identify piriformis syndrome. Students will also learn massage therapy techniques to treat this muscle and home exercises. Students will engage in a hands-on portion of the course where they will perform each technique.
Massage & Conditions of the Hand (7CE)	This course will review the etiology, progression and characteristics of common conditions affecting the hand and help participants gain a more complete understanding of sufferers of these conditions. Students will learn how to effectively inspect and assess the hand. Students will also learn how to apply massage therapy as an effective modality to address these conditions. Students will engage in a hands-on portion of the course where they will demonstrate techniques intended to increase effectiveness with treating conditions of the hand.
Scoliosis (7CE)	The purpose of this course is to the student how to properly assess and treat a client who suffers from scoliosis. The student will learn about the different types of scoliosis and what the appropriate treatment is for each type. All of the muscles affected by scoliosis will be covered, including how to stretch, strengthen and massage each muscle. This is a great class for all Licensed Massage Therapists who are looking to improve their skills on treating conditions that affect the spine!
Shiatsu: Hara Development (6CE)	The purpose of this course is to provide students with several advanced Shiatsu treatment plans. Students will also participate in a series of breathing, balance, alignment, and energy development exercises designed to improve body/mind awareness and shiatsu skills. The specific treatment plans include “The Wood Kata” for managing anger and aggression, and “The Depression Kata” for balancing the Fire and Water Elements for the purpose of maintaining mental and emotional balance. Each student will be given a detailed booklet, with color photos of kata and exercise diagrams. This booklet will contain the whole course in the format and sequence that it will be taught. There will be areas in the booklet for notes. All massage therapists can benefit from this course. It goes way beyond specific Shiatsu skills and covers a variety of powerful ways to increase the quality and efficiency of any massage modality.
Thai Massage (Level-2) (16CE)	Coming Soon
The Basics of Sports Massage (6CE)	This class will focus on a specific routine containing a series of massage techniques designed for people involved in sports. The routine and techniques are designed to maintain optimum states of muscle tone and flexibility. It can be used with athletes year-round, during active training and intervals between training.
Advanced Cupping - Upper Extremities (8CE)	Coming Soon

Advanced Cupping - Lower Extremities (8CE)	Coming Soon
Carpal Tunnel Syndrome (7CE)	This class will teach the student about Carpal Tunnel Syndrome. The student will learn about the osteology of the carpal tunnel, as well as the signs and symptoms of carpal tunnel syndrome. The student will learn how to properly determine where the Median Nerve is most likely entrapped. The student will learn how to properly treat carpal tunnel syndrome via massage, stretching and strengthening exercises.
Carpal Tunnel Syndrome (4CE)	Coming Soon
Thoracic Outlet Syndrome (7CE)	This course will examine the many presentations of TOS and the anatomical structures involved at common sites of nerve impingement in the cervical/upper thoracic area as well as further considerations involving the upper extremities. A practical portion is included during which participants will observe and demonstrate massage therapy techniques to address the soft tissue structures involved at each impingement site.
Advanced Medical Massage: Conditions of the Lumbar Spine (7CE)	This course will improve participants' knowledge of the anatomy and physiology of the lumbar spine and sacroiliac joint and explore the most common conditions that present for each of these regions. This course will also include a hands-on portion that will include advanced palpation and assessment skills.
SI Disorders (7CE)	This class will provide the student with a comprehensive overview of the sacroiliac joint. The student will learn the osteology, myology and ligamentous structures that contribute to the SI joint. The student will learn the common symptoms and treatment of sacroiliac joint dysfunction.